

CHILDREN'S SKI PROGRAMS

9 Week Programs

PENGUINS (Age 5-7)

SNOW CATS (Age 8-11)

Cost \$275+hst for 2 hour session

Add \$75+hst/extra session

Program Start: Jan. 7&8 End: March 3&4

Saturday and/or Sunday

9:30am-11:30am and/or 12:30pm-2:30pm

For beginner to experienced skiers, our children's programs follow the CSIA's STEP program. Children will be assessed and divided into groups based on skill level. The programs focus on learning skills in a fun environment with an emphasis on safety.

WILDCATS (Age 12-15)

NEW!

Cost: \$350 +hst

Saturday OR Sunday

9:30am-2:30pm

Lunch supervised, but not provided

Designed for intermediate to expert skiers. Weekly lessons are tailored for optimal development in a group or individual format. Students will be introduced to all aspects of the mountain including freestyle, gates, ski cross and glades.

CHILDREN'S SNOWBOARD

WENTWORTH RIDERS (Age 8+)

Cost: \$275 +hst Add \$75/extra session

Saturday OR Sunday (9 weeks)

9:30am-11:30am and/or 12:30pm-2:30pm

Wentworth Riders is designed to encourage skill development in a fun setting for beginner to intermediate riders. Riders will be placed in a group appropriate to their skill level.

ADULT SKI PROGRAMS

6 Week Programs

Brian Todd's MASTERS SKI BLAST

Saturday and Sunday (starts Jan. 7)

6 Weeks (24 hours of instruction)

9:30am-11:30am

Brian Todd's Masters Ski Blast is for skiers wanting a serious challenge. This six week program focuses on ski improvement, gate training and lots of fun! Must be a parallel skier. Program includes a wine & cheese reception and a lot of laughs. Cost: \$325 + hst

ADULT SOCIAL SKI CLUB **NEW!**

Saturdays (starts Jan. 7)

6 Weeks (12 hours of instruction)

9:30am-11:30am

Focus on skill development and fun. This program will provide you with the push you need to reach your personal best, all in a social environment. Learn with experienced pros, while enjoying lift line priority and maximizing your time on the slopes. Socialize with friends old and new while you learn a few new tricks and have some fun. The program includes a wine and cheese reception. Cost: \$175 + hst

WOMEN ON WEDNESDAYS (WOW)

Wednesdays (starts Jan. 11)

6 Weeks (12 hours of instruction)

10am-12pm

Hey ladies! Improve your skiing skills while you join friends in a positive, encouraging environment for ladies only. Cost: \$150 + hst

FREESTYLE SKI PROGRAMS

9 Week Programs

Cost \$315+hst for 2 hour, 9 week program

Includes CFSA membership fee

Add an extra session for just \$75+hst

Includes BBQ mid-way through program

Program Start: Jan. 7&8 End: March 3&4

RBC JUMPS AND BUMPS

INTRO TO FREESTYLE SKI (Age 6-10)

Saturday and/or Sunday

9:30am-11:30am

An entry level Freestyle Ski program for children focusing on fun, safety and skill development. Kids love to play on skis, whether its fast, slow, forwards, backwards, over moguls, in the terrain park—they are naturally freestyle skiers. This program teaches children to do these things safely, while developing good basic skiing skills.

FREESTYLERZ (Age 8-12) **NEW!**

Saturday and/or Sunday

9:30am-11:30am

This new program is for young freestylers who have accomplished basic freestyle and skiing skills and are ready for the next level. Emphasis will remain on well rounded, safe skill progression in freeskiing, moguls, half pipe and slopestyle with a certified CFSA coach. Freestylers athletes will be invited to participate in the WFSL summer and fall dryland and trampoline training programs (at an additional cost).

COMPETITIVE PROGRAMS

WENTWORTH FREESTYLE SKI LEAGUE

Interested in taking your freestyle skiing to the next level? Coaching is the key and the WFSL coaches work with each individual athlete to develop them to their full potential in a safe and progressive manner. Moguls, Big Air, Half Pipe, Slopestyle are all integrated into the program while always improving on skiing skills. Skiers are encouraged to participate in local competitions. Athletes will be put into groups according to their skill level and ability at the discretion of the coaches. Participants must be a member of the CFSA at an additional cost of \$65. Competition fees, travel costs and additional coaching are *not* included in the program. Athletes are encouraged to participate in WFSL summer and fall dryland and trampoline training and training camps (water ramp and on snow). NOTE: Parents are expected to volunteer with site and feature construction and/or on competition days.

Head Coach: Thor Durning—CFSA Level III

Ages 13+

One Day Program—\$410 + hst = \$471.50

Two Day Program—\$495 + hst = \$569.25

PLEASE NOTE NEW TIMES: 11 week program

Saturday and/or Sunday

12pm-4:00pm

WENTWORTH SNOWBOARD LEAGUE

Take your snowboarding to the next level with the Wentworth Snowboard League. This is a competitive racing and/or freestyle snowboard program. Athletes will learn advanced skills for racing as well as working in the terrain park, half pipe and boardercross. Participants must be a member of the Nova Scotia Snowboard Association at an additional cost of \$40.

Coaches: Hiro Ozawa/ Josh Stanhope

One Day—\$355 + hst = \$408.25

*NSSA membership fee includes first competition

Times: 9 Week Program

Saturdays Only 9:30am-11:30am & 12:30-2:30pm

INSTRUCTOR COURSES

Available to all skiers (15+) who have strong skiing or snowboarding skills and are interested in teaching.

Canadian Ski Instructor Alliance Level 1 - Introduces the candidate to ski teaching, the CSIA and its function within the industry. 4 day course.

Canadian Association of Snowboard Instructors Level 1 - Incorporates all the necessary teaching skills as well as riding into its 3 day course.

Canadian Freestyle Ski Association Level 1— For those interested in coaching freestyle ski. 3 day course.

For information on registering for these courses, or positions available contact:
Snow School @ (902)548-2089 x229
snowschool@skiwentworth.ca

DISABLED SKIING

Through our CADS instructors and Canadian Association for Disabled Skiers, we provide skiing instruction for people with disabilities. Must be a member of CADS to participate. Please call for details on these programs.

Did You Know?

Through a Nova Scotia government healthy living tax incentive, parents/guardians can claim up to \$500 per child towards registration fees in an organized sport, recreational activity or physical activity program.

GRADE 4&5 PASSPORT

Across Canada Grade 5 Students have been able to take advantage of Free Skiing at different hills in their area. We have the information and brochures to fully explain this amazing program.

Instructor Certification

Wentworth Instructors are fully certified by the Canadian Ski Instructors Alliance, Canadian Ski Coaches Federation, Canadian Association of Snowboard Instructors & Canadian Freestyle Ski Association.

CAMPS *New Format!*

SKI AND SNOWBOARD CAMPS

Drop off the kids and ski for the day!! Our camps now include a 1 hour supervised lunch. **Lunch is provided.** (Please provide any allergy information with registration) Improve your skills and have fun during these 3 day camps. Camps are for ages 5-15 years and all skill levels. Class times: 9:00am - 4:00pm. Pre-registration required. Camps must be paid in full to reserve spot. Email: programs@skiwentworth.ca

CHRISTMAS CAMP — December 28-30

MARCH BREAK CAMP—March 12-14, 2012

** Prices for all 3 day camps are **\$225.00 + hst** **
Camp 3 Day Rental Package: \$55 + hst
Camp 3 Day Lift Ticket Package: \$55 + hst

Ticket & Rental Options

Most Snow School Programs cost \$275
— that gets you 9-2 hour sessions
Add \$75 for a second session

Lift Ticket Deals — Kids 6-11, 9 day lift tickets are available for \$155. Students 12+, 9 day lift tickets are only \$185.

Rental Deals — Kids 5 years can get 9 full days of equipment for \$95. Children aged 6 & over get 9 full days of equipment for \$135.

** Prices do not include HST **

Ask about our seasonal rental package available for \$175

For all Snow School Weekend Programs and Camps, please complete the Registration Form and mail or fax to: (902) 893-4942
Ski Wentworth
PO Box 1202 Truro, NS B2N 5H1

OR - register on line: www.skiwentworth.ca

LEARN TO SKI/BOARD

Learn to Ski or Snowboard
Packages include
Lift Ticket, Rentals & Group Lesson!

For ages 6 years +
Daily sessions at 10am, 12pm & 2pm
Register at Rental Shop 1 hour before session time.
Limited availability. First come first serve basis.

Learn to SKI or SNOWBOARD
\$56.52 + hst = \$65.00

The next level in learning to SKI or SNOWBOARD. The package is the same as above, with a lesson geared toward the next step.

The Next Turn
\$60.87 + hst = \$70.00

** Prices do not include HST **
Please register at the rental shop upon arrival.

Looking for more attention?

PRIVATES

One on one instruction available daily at 10am, 12pm & 2pm
Classes run 60 minutes in duration. One on one instruction is required for children 5 and under.
Cost: **\$55 per person**
\$30 for each additional person
\$75 for 1.5 hour lesson

Discounted Book of 6 (1 hr) Lessons—\$275
6 lessons for the price of 5. Get one lesson FREE!

** Prices do not include HST **
Please register at the rental shop upon arrival.

Snow School Contacts:
Tel: 902-548-2089 x229
Email: snowschool@skiwentworth.ca

SNOW SCHOOL



2011-12

Tel: (902) 548-2089
Fax: (902) 548-2404
www.skiwentworth.ca

WENTWORTH VALLEY OF SNOW