

Snow School Programs 9 Weeks - \$225

Programs Start: Jan 9 & 10 Programs End: March 6 & 7



Freestyle Ski & Snowboard Leagues

CHILDREN'S PROGRAMS	AGE	DAY	TIME	PROGRAM DESCRIPTION
PENGUINS ^A	5-7	Saturday and/or Sunday	9:30am-11:30am and/or 12:30pm-2:30pm	For beginner to experienced skiers, our children's programs follow the CSIA's STEP program. Children will be assessed and divided into groups based on skill level. The programs focus on learning skills in a fun environment with an emphasis on safety.
SNOW CATS ^A	8-11			
RBC JUMPS AND BUMPS ^A	8-12	Saturday and/or Sunday	10am-12pm and/or 1-3pm	An entry level Freestyle Ski program for children focusing on fun, safety and skill development. Kids love to play on skis, whether its fast, slow, forwards, backwards, over moguls, in the terrain park—they are naturally freestyle skiers. This program teaches children to do these things safely, while developing good basic skiing skills. Participants must be a member of the Canadian Freestyle Ski Association at an additional cost of \$30. CFSA membership fee must be paid online at CFSA website.
SNOWBOARD PROGRAM				
WENTWORTH RIDERS ^A	8+	Saturday or Sunday	9:30am-11:30am and/or 12:30pm-2:30pm	Wentworth Riders is designed to encourage skill development in a fun setting for beginner to intermediate riders. Riders will be placed in a group appropriate to their skill level.
ADULT PROGRAMS				
MASTERS SKI BLAST		Saturday and Sunday Starts Jan. 2-3	9:30am-11:30am	Brian Todd's Masters Ski Blast is for skiers wanting a serious challenge. This six week (24 hours of instruction) program focuses on ski improvement, gate training and lots of fun! Must be a parallel skier. Cost: \$250 + hst
WOMEN ON WEDNESDAYS (WOW)		Wednesdays Starts Jan. 13	10am-12pm	Hey ladies! Improve your skiing skills while you join friends in a positive, encouraging environment for ladies only. 6 week program. Cost: \$115 + hst
INSTRUCTOR TRAINING PROGRAM ^A	13+	Call for dates	2 hour clinic	Designed to prepare skiers for CSIA Level I course and to become an Instructors Helper. Must be a strong parallel skier. Ask Snow School Director for details.

WENTWORTH FREESTYLE SKI LEAGUE

Have you ever thought of trying freestyle skiing? Interested in taking your freestyle skiing to the next level? Coaching is the key and the WFSL coaches work with each individual athlete to develop them to their full potential in a safe and progressive manner. Moguls, Big Air, Half Pipe, Rails are all integrated into the program while always improving on skiing skills. Skiers are encouraged to participate in local competitions. Athletes will be put into groups according to their skill level and ability at the discretion of the coaches. Participants must be a member of the Canadian Freestyle Ski Association at an additional cost of \$30. Competition fees, travel costs and additional coaching are *not* included in the program.

Head Coach: Thor Durning—CFSA Level II

Ages 13+

One Day Program—\$295 + hst = \$333.35

Two Day Program—\$380 + hst = \$429.40

WENTWORTH SNOWBOARD LEAGUE

Take your snowboarding to the next level with the Wentworth Snowboard League. This is a competitive racing and/or freestyle snowboard program. Athletes will learn advanced skills for racing as well as working in the terrain park, half pipe and boardercross. Athletes will be placed in groups according to their skill level and ability at the discretion of the coaches.

One Day—\$250 + hst + \$40 NSSA fee = \$322.50

Two Day—\$335 + hst + \$40 NSSA fee = \$418.55

*NSSA membership fee includes first competition

LEAGUE DETAILS:

9 weeks.

Saturday and/or Sunday

10am-12pm & 1pm-3pm

^A Helmets Mandatory

**** LIFT TICKETS & RENTALS NOT INCLUDED IN PROGRAM PRICE ****

INSTRUCTOR COURSES

Available to all skiers (15+) and boarders (16+) who have strong skiing or snowboarding skills and are interested in teaching.

Canadian Ski Instructor Alliance Level 1 - Introduces the candidate to ski teaching, the CSIA and its function within the industry. 4 day course. First course: Dec. 27-30, 2009

Canadian Association of Snowboard Instructors Level 1 - Incorporates all the necessary teaching skills as well as riding into its 3 day course. First course: Dec. 18-20, 2009

For information on registering for these courses, or positions available contact:

Snow School @ (902)548-2089 x229
snowschool@skiwentworth.ca

DISABLED SKIING

Through our CADS instructors and Canadian Association for Disabled Skiers, we provide skiing instruction for people with disabilities. Must be a member of CADS to participate. Please call for details on these programs.

Did You Know?

Through a Nova Scotia government healthy living tax incentive, parents/guardians can claim up to \$500 per child towards registration fees in an organized sport, recreational activity or physical activity program.

GRADE 5 PASSPORT

Across Canada Grade 5 Students have been able to take advantage of Free Skiing at different hills in their area. We have the information and brochures to fully explain this amazing program.

Instructor Certification

Wentworth Instructors are fully certified by the Canadian Ski Instructors Alliance, Canadian Ski Coaches Federation, Canadian Association of Snowboard Instructors & Canadian Freestyle Ski Association.

CAMPS

SKI AND SNOWBOARD CAMPS

Everyone will enjoy these 3 day camps. Camps are for ages 4 and up. Classes run for 4 hours daily : 9:30am - 11:30am and 12:30pm - 2:30pm. Pre-registration required. Camps must be paid in full to reserve spot.

CHRISTMAS CAMP — December 28-30

This camp is a great way for the kids to spend the holiday and get ready for the seasonal programs.

MARCH BREAK CAMP

March 15-17

** Prices for all 3 day camps are \$150.00 + hst **

Camp 3 Day Rental Package: \$55 + hst

Camp 3 Day Lift Ticket Package: \$55 + hst

Ticket & Rental Options

Most Snow School Programs cost \$225
— that gets you 9-2 hour sessions
Add \$60 for a second session

Lift Ticket Deals — for kids 6-11, 9 day lift tickets are available for \$145. For students 12+, 9 day lift tickets are only \$175.

Rental Deals — Kids 5 & under can get 9 full days of equipment for \$85. Children aged 6 & over can get 9 full days of equipment for \$125.

** Prices do not include HST **

Ask about our seasonal rental package available for \$175

For all Snow School Weekend Programs and Camps, please complete the Registration Form and mail or fax to: (902) 893-4942

Ski Wentworth
PO Box 1202 Truro, NS B2N 5H1

OR - register on line: www.skiwentworth.ca

LEARN TO SKI/BOARD

Learn to Ski or Snowboard

Packages include

Lift Ticket, Rentals & Group Lesson!

For ages 6 years +

Daily sessions at 10am, 12pm & 2pm

Register at Rental Shop 1 hour before session time.

Limited availability. First come first serve basis.

Learn to SKI or SNOWBOARD

\$49.95

The next level in learning to SKI or SNOWBOARD. The package is the same as above, with a lesson geared toward the next step.

The Next Turn

\$54.95



** Prices do not include HST **

Please register at the rental shop upon arrival.

Looking for more attention?

PRIVATES

One on one instruction available daily at 10am, 12pm & 2pm

Classes run 60 minutes in duration. One on one instruction is required for children 5 and under.

Cost: \$55 per person

\$30 for each additional person

Discounted Book of 6 Lessons—\$275

6 lessons for the price of 5. Get one lesson FREE!

** Prices do not include HST **

Please register at the rental shop upon arrival.

Snow School Contacts:

Tel: 902-548-2089 x229

Email: snowschool@skiwentworth.ca

SNOW SCHOOL



2009-10

Tel: (902) 548-2089

Fax: (902) 548-2404

www.skiwentworth.ca

WENTWORTH VALLEY OF SNOW